

Newsletter



December 2020

Busier than ever!

2020 has been a turbulent year for us all as the COVID-19 virus has brought chaos and uncertainty to many lives. Not least here at the Foodbank where many in our community have turned to for support as they struggle with these challenging times.

We have witnessed a dramatic increase in the number of families, couples and individuals requiring emergency food aid in recent months. We have also seen the whole community rise to meet the challenge of 'helping their neighbour' in so many different ways and we have been overwhelmed with offers of food, finance and time.



Recent Christmas collection at Torpoint Community Library

There is not enough space to list all those who have supported us this year. Thank you to Cornwall Community Foundation, to all the churches, schools, town councils, businesses, charities, shops, Supermarkets and individuals who have kept us going – **Please don't stop!** Many households across South East Cornwall face a very bleak winter ahead.

“

There's a deep sense of satisfaction when volunteering at a foodbank

”

Volunteers

We could not do what we do without the continued support of the whole community. From those who donate food and funds, to those who bring in the donations from across our region; the Foodbank relies on a faithful band of volunteers, many of whom have sacrificially put aside their daily routine to sort, store and pack food ready for distribution. This has brought it's own challenges of how to keep our staff and volunteers safe. We have needed to restrict the numbers helping in order to maintain social distancing and therefore disappoint many who have offered to help – we do hope you understand.

We also decided we needed to install a separate entrance at the Foodbank Centre in Liskeard. Thank you to Martin Bunkum and his team for completing this in record time.



Prayer for a Pandemic:
(Courtesy of Norwich foodbank)

May we, who are merely inconvenienced, remember those whose lives are at stake.

May we, who have no risk factors, remember those who are most vulnerable.

May we, who have the luxury of working from home, remember those who must choose between preserving their health and paying their rent.

May we, who have the flexibility to care for our children when their schools close, remember those who have no options.

May we, who have to cancel our trips, remember those who have no safe place to go.

May we, who are losing our spending money in the tumult of the economic market, remember those who have no spare money at all.

May we, who settle for staying at home, remember those who have no home.

As fear grips our country, Let us choose Love.

During this time when we cannot physically wrap our arms around each other, Let us find ways to be the loving embrace of God to our neighbours.

Donations: We have collection points in most supermarkets: Morrisons, Co-op, Sainsburys and at the Foodbank Centre, Liskeard.

Financial donations to: Liskeard & Looe Foodbank. Bank details: Lloyds Bank. S/C 30-90-89, A/C 54028760

During the first lockdown, most people had never used a Foodbank before

Christmas Hampers



This Christmas again we will be distributing hampers to those referred to the Foodbank as being 'in crisis'. Our appeal has gone out for the following items:

Tinned Ham/Chicken/Turkey.

Christmas Pudding (large & small).

Chocolate selection boxes.

Christmas Snacks & Treats.

Mince Pies,

Salmon (tinned)

Custard.

Christmas Cake/Yule Log,

Biscuits etc.

If you are able to help us bring some Christmas cheer please donate to our 'Collection Points'

Foodbank Van

At the beginning of the pandemic in March, we recognised we would need to change the way we operated. We took the decision to close our distribution points to the public and move to a 'Delivery Only' model, bringing our food parcels to people's homes.



With the help of the local community we were able to 'Crowdfund' a suitable van. We have been blessed with an amazing band of volunteer drivers including many local church leaders during the two lockdowns. A huge thank you to all who have contributed in making this venture a possibility. Thanks also to Torpoint town Council for helping with delivery of emergency food supplies in the Torpoint area and to the Rame Centre in Millbrook for covering the Rame Peninsula.

We want to see a future where food banks aren't needed and we know that together, we can make that happen.

Liskeard & Looe Foodbank

Unit 1, Barras Place
Liskeard
PL14 6AY

Registered Charity No. 1183375
Registered in England & Wales

01579 343742/07512 011452
liskeard.foodbank@gmail.com
liskeardlooe.foodbank.org.uk

To unsubscribe from this newsletter, send a message to the email address above with the word "unsubscribe" in the subject line or text the number above with "unsubscribe" and your name

